



Практический курс первого иностранного (английского) языка.(4)

- 1 Read the text «Stresses strains of work» and complete these sentences:
Work causes stress, because ...
- 2 Read the text «Stresses strains of work» and complete these sentences:
... percent of IT professionals feel the impact of stress every day
- 3 Read the text «Stresses strains of work» and complete these sentences:
25 percent of IT professionals ...
- 4 Read the text «Stresses strains of work» and complete these sentences:
It`s false, that medicine, engineering and education have such common
area of stress, as ...
- 5 Read the text «Stresses strains of work» and complete these sentences:
Self-employment is ... of working
- 6 Read the text «Rich and famous» and complete these sentences:
Twenty-five years ago the most common aspiration of American
children was to be a ...
- 7 Read the text «Rich and famous» and complete these sentences:
Children desire to be a pop star or an actor because of ... associated
with them
- 8 Read the text «Rich and famous» and complete these sentences: Many
careers in the spotlight are ...
- 9 Read the text «Rich and famous» and complete these sentences: People
unrealistically believe that a celebrity lifestyle is easily attainable
because of ...
- 10 Read the text «Rich and famous» and complete these sentences: In the
past ... had a greater impact on children ambitions
- 11 If he ... a sport club near this town, he will have a lot of clients
- 12 My sister ... the doctor if she doesn`t feel better
- 13 If you ... by train, you`ll be late
- 14 My friend ... very disappointed if you don`t come to her birthday
- 15 My mother said, “We`ll go home as soon as you ... crying”





- 16 Sally ... for a walk, if it doesn't rain
- 17 If students ... interested in a lesson, they learn better
- 18 We will go to the sea if the weather ... warm
- 19 Her mother will be angry, if Ann ... home late
- 20 Jack ... the exam, if he doesn't study
- 21 Прослушайте запись и заполните пропуски: ... means to become angry or upset about something, often unnecessarily
- 22 Прослушайте запись и заполните пропуски: Traditionally, British people have been very bad in ...
- 23 Прослушайте запись и заполните пропуски: ... is a written document of your complaint
- 24 Прослушайте запись и заполните пропуски: Most Brits still won't complain unless it's something that's really important, and that's because they ...
- 25 Прослушайте запись и заполните пропуски: ... means to become angry or annoyed
- 26 Прослушайте запись и заполните пропуски: A television programme called ... was regularly broadcast in the UK from the early 1970s right up to the 1990s
- 27 Прослушайте запись и заполните пропуски: Esther Rantzen is ...
- 28 Прослушайте запись и заполните пропуски: To grasp the nettle means ...
- 29 Прослушайте запись и заполните пропуски: ... is a plant that stings you when you touch it
- 30 Прослушайте запись и заполните пропуски: The cause of most airline complaints in the US in 2010 was ...
- 31 Read the text «Fears, reactions, coping» and complete these sentences: If you think about the time when we did not live in houses, but alongside the nature, we faced many more dangers from ...
- 32 Read the text «Fears, reactions, coping» and complete these sentences: Innate fears means, that they are ...





- 33 Read the text «Fears, reactions, coping» and complete these sentences:
If parents have a fear of heights, their children can also develop this fear because of ...
- 34 Read the text «Fears, reactions, coping» and complete these sentences:
A fear is classified as a ... if it is so serious it affects your daily life
- 35 Read the text «Fears, reactions, coping» and complete these sentences:
Around ... present of the population of America have specific phobias
- 36 Read the text «Superhuman powers» and complete these sentences:
Fear is something innate that we actually rely on to keep us safe when faced with ...
- 37 Read the text «Superhuman powers» and complete these sentences: If the danger is far away, a person might ...
- 38 Read the text «Superhuman powers» and complete these sentences: In dangerous situations skills such as ... tend to improve
- 39 Read the text «Superhuman powers» and complete these sentences:
When people have faced a fear, some have commented on a feeling of time ...
- 40 Read the text «Superhuman powers» and complete these sentences:
The ... is one of fearlessness, in other words, not being worried or concerned about the situation
- 41 Can I pay ... credit card?
- 42 Her son went ... war last year
- 43 Please, come ... time, our teacher doesn't like to wait
- 44 You should keep ... mind this rule, if you don't want to quarrel with the chief
- 45 The decision of Board of Directors depends ... many factors
- 46 I haven't seen my parents ... months
- 47 I ... this film before
- 48 I ... in the zoo since last year
- 49 Oh now, somebody ... this pair of shoes!





- 50 Mike is crying, because he ... his leg
- 51 Прослушайте запись и заполните пропуски: ... is a feeling of tension and worry
- 52 Прослушайте запись и заполните пропуски: ... found that the number of people who are suffering from stress in the UK is increasing
- 53 Прослушайте запись и заполните пропуски: ... are the main cause of the stress
- 54 Прослушайте запись и заполните пропуски: ... become the number one cause of long-term workplace absence
- 55 Прослушайте запись и заполните пропуски: ... of public sector firms say that stress-related absence has increased in the past year
- 56 Прослушайте запись и заполните пропуски: Taking its toll means ...
- 57 Прослушайте запись и заполните пропуски: Jobs in the public sector are traditionally seen as more ... than those in the private sector
- 58 Прослушайте запись и заполните пропуски: The survey found that employers planning to make ... are more likely to report an increase in mental health problems among their staff.
- 59 Прослушайте запись и заполните пропуски: Companies should have ... in place to help staff.
- 60 Прослушайте запись и заполните пропуски: According to a survey carried out this year, ... is considered to be the most stressful job
- 61 Read the text «National hero» and complete these sentences: The early 1900s were a time of ...
- 62 Read the text «National hero» and complete these sentences: Scott first went to the Antarctic between ...
- 63 Read the text «National hero» and complete these sentences: The heroic image of Scott remained until ... that destroyed the myth was published in the 1970s
- 64 Read the text «National hero» and complete these sentences: Amundsen had planned to go to ...
- 65 Read the text «National hero» and complete these sentences: Scott`s expedition brought back ... scientific specimens
- 66 Read the text «Mixed memories» and complete these sentences: We start to build the plot of our life story from the moment ...





- (67) Read the text «Mixed memories» and complete these sentences: It has been found that ... have a strong impact on their children`s ability to remember and retell details of their life
- (68) Read the text «Mixed memories» and complete these sentences: The middle-aged and older adults remember most strongly things that happened between the ages of
- (69) Read the text «Mixed memories» and complete these sentences: Our longest-lasting memories are mainly ... ones
- (70) Read the text «Mixed memories» and complete these sentences: We create stories to give ... to our lives
- (71) My friend, ... name is Mike, is a teacher
- (72) The dress, ... she bought last week is amazing
- (73) That`s the main reason ... I asked him to help us
- (74) I live in the city ... my parents work
- (75) People ... have low salary shouldn`t have children
- (76) Give me something ... can help me to get rid of the headache
- (77) I`ll never forget our marriage ... I was so nervous
- (78) He visits his friends ... live in Alabama every year
- (79) The bike ... we bought last year has broken
- (80) This is the biggest car ... I have ever seen
- (81) Прослушайте запись и заполните пропуски: Karima Grant lives in ... Africa
- (82) Прослушайте запись и заполните пропуски: Yvonne met Karima during a very exciting British Council trip to ...
- (83) Прослушайте запись и заполните пропуски: ... people had travelled from nine different countries across Africa to join Interaction: Trust the Difference leadership programme





- 84) Прослушайте запись и заполните пропуски: In a popular children's story, the beautiful princess has to kiss many ... to find the prince she'll marry
- 85) Прослушайте запись и заполните пропуски: KarimaGrant is most proud of her award-winning stories called
- 86) Прослушайте запись и заполните пропуски: The book is about a little girl from ... who moves to New York City with her parents.
- 87) Прослушайте запись и заполните пропуски: Hardy beings' here means people who are ...
- 88) Прослушайте запись и заполните пропуски: Children ... to cope with their problems
- 89) Прослушайте запись и заполните пропуски: Karima`s mother ... by her story
- 90) Прослушайте запись и заполните пропуски: The world record for the most number of kisses ever given in one minute is
- 91) Read the text «Freshwater delivery» and complete these sentences: There are ... people on Earth who live without access to clean drinking water
- 92) Read the text «Freshwater delivery» and complete these sentences: Two-thirds of the Earth`s freshwater is in form of ...
- 93) Read the text «Freshwater delivery» and complete these sentences: One of proposals of ... was to find an eight-billion ton iceberg in the Antarctic and tow it to San Clemente in just 200 days
- 94) Read the text «Freshwater delivery» and complete these sentences: Georges Mougin relaunched his project as ...
- 95) Read the text «Freshwater delivery» and complete these sentences: ... is a process of removing the salt from the sea water to make it drinkable
- 96) Read the text «Garbage dump» and complete these sentences: The Great Pacific Garbage Patch contains more than ... tons of debris
- 97) Read the text «Garbage dump» and complete these sentences: Scientists predicts that there are at least ... others garbage patches
- 98) Read the text «Garbage dump» and complete these sentences: The garbage patch itself was formed by ...
- 99) Read the text «Garbage dump» and complete these sentences: The garbage patch was discovered by ...





- 100 Read the text «Garbage dump» and complete these sentences: Project ... is a Japanese project which aims to clean up the garbage patch
- 101 Mike ... my favorite cup
- 102 My essay ... already
- 103 The novel ... by my friend
- 104 A new church ... near the school
- 105 Ann ... the poem already
- 106 Our granny ... us the fairy tale
- 107 ... by the end of the week?
- 108 The book ... by the end of Sunday
- 109 His car ... by 4 o'clock
- 110 The problems ... by my departure
- 111 Прослушайте запись и заполните пропуски: Callum started to swim when he was ...
- 112 Прослушайте запись и заполните пропуски: Swimming is a very ... activity in the UK
- 113 Прослушайте запись и заполните пропуски: According to a recent survey, ... in 5 adults in the UK cannot swim
- 114 Прослушайте запись и заполните пропуски: Sophie van Brugen is a ...
- 115 Прослушайте запись и заполните пропуски: In the last year alone, over ... little ones have gone through swimming classes
- 116 Прослушайте запись и заполните пропуски: ... are children who are just learning to walk
- 117 Прослушайте запись и заполните пропуски: And the best time to learn how to swim is when you're ...
- 118 Прослушайте запись и заполните пропуски: ... is when you do something so often that it becomes totally natural to you





- 119) Прослушайте запись и заполните пропуски: There are a number of schemes to encourage people to swim, including the BBC's ... campaign, which celebrates swimming and wants to get more people into the water
- 120) Прослушайте запись и заполните пропуски: In 2007, the Slovenian swimmer Martin Strel broke his own world record for long-distance swimming – ...
- 121) Read the text «Charisma» and complete these sentences: ... is a complex mixture of social and emotional skills, which allow people to affect and influence others at a deep emotional level
- 122) Read the text «Charisma» and complete these sentences: It`s wrong that Richard Wiseman points out such attribute of a charismatic person, as ...
- 123) Read the text «Charisma» and complete these sentences: Phenomenon, when you mimic posture and facial expressions without realizing, is called ...
- 124) Read the text «Charisma» and complete these sentences: Charismatic people are good ...
- 125) Read the text «Charisma» and complete these sentences: Charisma can`t be ...
- 126) Read the text «The healing power of persuasion» and complete these sentences: Placebos means ...
- 127) Read the text «The healing power of persuasion» and complete these sentences: Placebos could raise pulse rates, blood pressure and reaction speed when people were told they had taken a ...
- 128) Read the text «The healing power of persuasion» and complete these sentences: For some conditions, positive responses to a placebo may be as high as ... percent
- 129) Read the text «The healing power of persuasion» and complete these sentences: The point of prescribing placebos is to create ...
- 130) Read the text «The healing power of persuasion» and complete these sentences: Placebo effect ...
- 131) “We enjoy watching films together”. They said that they ... films together
- 132) “Sally is reading a newspaper”. He said that Sally ... a newspaper
- 133) “My mom was afraid of dogs when she was a child”. She said her mom ... of dogs when she was a child





- 134 “I will help you do your homework”. He said he ... her do her homework
- 135 “What time does the train arrive?” He asked me what time the train ...
- 136 “Have you ever been in England?” Ann asked Jack if he ... in England
- 137 “I like this car very much”. I said that I ... this car very much
- 138 “Are you enjoying your job?” My dad asked me if I ... my job
- 139 “I don` t like milk”. Mike told me that he ... milk
- 140 “Don` t speak loudly during the lesson”. Our teacher asked us ... during the test
- 141 Прослушайте запись и заполните пропуски: ... is the idea that you can find out what's going to happen to you based on what's going on in the sky and your star sign
- 142 Прослушайте запись и заполните пропуски: The idea of astrology is that each person has a particular ... which depends on when they were born
- 143 Прослушайте запись и заполните пропуски: Jackie is ...
- 144 Прослушайте запись и заполните пропуски: Kate is ...
- 145 Прослушайте запись и заполните пропуски: Horoscopes usually appear in
- 146 Прослушайте запись и заполните пропуски: Jan Muir is ..., who actually had to write the horoscopes
- 147 Прослушайте запись и заполните пропуски: ... is a standard way of doing something, when it is always exactly the same
- 148 Прослушайте запись и заполните пропуски: Horoscopes endure because they're actually ...
- 149 Прослушайте запись и заполните пропуски: ... is when you have doubts or don` t believe in something
- 150 Прослушайте запись и заполните пропуски: There are ... star signs in the Zodiac

